



| Mouthrinse | pH |
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| CariFree Treatment Rinse – NaClO | 10.40 |
| CariFree Maintenance Rinse – Fl, Xylitol | 8.33 |
| TheraBreath Oral Rinse | 8.20 |
| ACT Anticavity Fluoride Mouthwash | 7.95 |
| Cepacol Mouthwash | 7.79 |
| PerioSciences AO ProRinse – Plant Based | 7.75 |
| OraCare | 7.55 |
| BreathRx Anti-Bacterial Tongue Spray | 7.30 |
| CB12 Mouthwash | 7.20 |
| Oxyfresh Mouthrinse | 7.17 |
| SmartMouth | 7.11 |
| CloSYS Rinse – Clo2 | 7.10 |
| Biotène Dry Mouth Oral Rinse | 7.09 |
| Colgate Optic White Mouthwash | 6.95 |
| CloSYS Alcohol-Free Oral Rinse | 6.85 |
| Oasis Moisturizing Mouthwash for Dry Mouth | 6.49 |
| Colgate Total Advanced Health Mouthwash | 6.31 |
| BreathRx Anti-Bacterial Mouth Rinse | 6.21 |
| BreathRx Anti-Bacterial Breath Spray | 6.20 |
| Colgate FluoriGard Daily Mouth Rinse | 6.10 |
| Smile Guard Orthodontic Brace Relief Rinse with Fluoride | 6.10 |
| Listerine Zero Alcohol Mouthwash | 6.02 |
| ProFresh Chlorine Dioxide Oral Rinse | 5.90 |
| Listerine Whitening Vibrant White Pre-Brush Rinse | 5.66 |
| ACT Restoring Anticavity Fluoride Mouthwash | 5.56 |
| Scope – CPC | 5.55 |
| Peridex – CHX | 5.48 |
| Listerine Total Care Mouthwash | 5.44 |
| Crest 3D White Multi-Care Whitening Rinse | 5.40 |
| Crest Pro-Health Clinical Rinse | 5.18 |
| Chlorhexidine Alcohol-Free | 5.10 |
| Fluoridex Daily Renewal Oral Rinse | 5.10 |
| Listerine Antiseptic Mouthwash | 4.88 |
| BreathRx Anti-Bacterial Rinse | 4.74 |
| Oral-B Anticavity Rinse | 4.72 |
| StellaLife Rinse – Plant Based | 4.65 |
| Biotène Mouthwash | 4.64 |
| Oral-B Antibacterial Rinse | 4.62 |
| BreathRx Anti-Bacterial Mouth Spray | 4.53 |
| Healthy White Bleach Agent | 4.50 |
| IoRinse RTU Mouth Rinse – Molecular Iodine | 4.30 |
| Crest Pro-Health Multi-Protection Mouthwash | 4.27 |
| Peroxyl Antiseptic Oral Cleanser | 3.90 |
| Tom's of Maine Wicked Fresh! Mouthwash | 3.89 |
| The Natural Dentist Healthy Gums Mouth Rinse | 3.30 |

Basic > 7



Neutral = 7

Acidic < 7



PRODUCTS Treatment Rinse

- Active caries therapy only
 - Treatment Rinse (CariFree)
 - 1x per day for one minute after brushing just before bedtime, for 1 month
 - 0.2% sodium hypochlorite
- Active periodontal therapy only
 - Treatment Rinse (CariFree)
 - 1x per day for one minute after brushing just before bedtime, for 4 months or until they reach zero bleeding (stability)
 - 0.2% sodium hypochlorite



Note: Prevident Dental Rinse and chlorhexidine gluconate may cause a change in the surface roughness of porcelain when used for a period of 2 years.

Reference: Bolding LM, Masri R, Arola D, Driscoll CF, Romberg E. Caries management by risk assessment (CAMBRA) and its effect on the surface roughness of various restorative materials. J Prosthet Dent. 2015 Oct;114(4):543-8.